

Figure 1: Fashion, Art, Workout, Sex and Andventure

Abstract

Your abstract.

0.1 10 MISTAKES ARE MAKING WHEN DIETING

- 10. Jumping right in
 - 9. Worrying about dietary cholesterol
 - 8. Giving up coffee
 - 7. Not going out
 - 6. Quitting too soon
 - 5. Drifting too far
 - 4. Replacing too much
 - 3. Fearing the cravings
 - 2. Not informing yourself

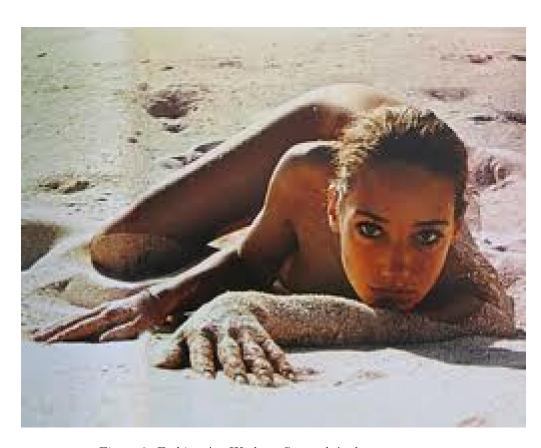


Figure 2: Fashion, Art, Workout, Sex and Andventure